## Are Masks Doing More Harm than Good?

## **Attention All Community Members of Vermont:**

Have you, as a community member, employee, or business owner, experienced any of the following **negative impacts when wearing masks**:

- 1. Headaches;
- 2. Difficulty Breathing;
- 3. Skin Irritation;
- 4. Difficulty Communicating Clearly;
- 5. Physical Discomfort;
- 6. Mental/Emotional Discomfort;
- 7. Difficulty Practicing Proper Hand Hygiene?

(Are you able to clean your hands every time you touch the mask?)

Vermont agencies, as well as the media, are encouraging employers, businesses, and others in the community to require the use of masks to prevent the spread of Covid-19.

Research shows that there are <u>likely</u> to be many disadvantages to asking the general public to wear masks. No research has been done on how these negative effects are impacting people.

We are a group of citizen scientists and we are **conducting a survey** of the negative impacts masks are having on Vermonters.

## **WE WOULD LIKE TO HEAR FROM YOU!**

To participate in the survey and learn more visit: vtmasksurvey.com

Email: vtmasksurvey@mail.com

Confidentiality is our top priority. All questions are optional, based on your comfort level. We are NOT asking for employer names <u>or</u> types of business. Responses will be kept separate from any location or identifying data.

Please help share this survey with others who may be interested in participating.